

# **Energy Saver**

Use your superpowers to save energy during the summer.

#### YOU HAVE THE POWER!

The power of energy conservation is yours. Here are things you can do to help.

- Remind your parents to change out your AC's filters more regularly. This will keep your AC running properly and help save energy.
- 2 Check for any gaps or leaks around windows and doors. Ask your parents to seal them up to prevent cool air from escaping.
- Keep curtains and blinds closed during the hottest parts of the day to block out the sun's heat. This helps keep your home cooler, reducing the need for AC.



## Why do we need to adjust the thermostat?

Did you know that air conditioning and heating systems use almost 50% of all energy in the United States? Here's your chance to make a difference:

#### Adjust the thermostat a bit:

- **Save Energy:** Adjusting the thermostat slightly down a few degrees in the winter and up a few degrees in the summer helps your AC use less energy.
- **Protect Our Environment:** Using less energy reduces our carbon footprint, leading to a healthier, more sustainable planet for future generations.
- Save Money: Less energy use means lower bills for your family.

Talk to your parents about it, and together, we can save energy, money, and the planet! P



### **YOU ARE A CONSERVATION SUPERHERO!**

Draw an energy conservation message!