



Use your superpowers to save energy during the summer.



Why do we need to adjust the thermostat?

Did you know that air conditioning and heating systems use almost 50% of all energy in the United States? Here's your chance to make a difference:

Adjust the thermostat a bit:

- Save Energy: Adjusting the thermostat slightly down a few degrees in the winter and up a few degrees in the summer helps your AC use less energy.
- Protect Our Environment: Using less energy reduces our carbon footprint, leading to a healthier, more sustainable planet for future generations.
- Save Money: Less energy use means lower bills for your family.

Talk to your parents about it, and together, we can save energy, money, and the planet!

YOU HAVE THE POWER!

The power of energy conservation is yours. Here are things you can do to help.

- Remind your parents to change out your AC's filters more regularly.
 This will keep your AC running properly and help save energy.
- Check for any gaps or leaks around windows and doors. Ask your parents to seal them up to prevent cool air from escaping.
- Keep curtains and blinds closed during the hottest parts of the day to block out the sun's heat. This helps keep your home cooler, reducing the need for AC.



YOU ARE A CONSERVATION SUPERHERO!

Draw an energy conservation message on this sheet or submit your masterpiece on a separate sheet no larger than 11x17!